

Gals Institute Workshop:

A follow-up to *Screenagers* and more



A Workshop for Parents: Creating a Family Plan

Do you have problems with managing device use in your home?
Do you feel like you repeat yourself like a tape recorder?

Let us help you set expectations and create a plan that everyone
in the family will love and agree on.
This is a hands-on, interactive workshop.

Monday, February 12th 8:30 am or 7:00 pm
Location: Swallow School Discovery Lab

No registration needed, but come early to save your seat.

A partnership between Swallow Education Foundation & Gals Institute

Swallow Education Foundation, Inc.

Gals
Institute, LLC



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Prevention & healing for the individual, family & adolescent